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## Upgraded Chef - Cooking the Bulletproof way

This cookbook has been a decade in the making. As a bio-hacker, I look at cooking as one of the variables that leads to better personal performance. It's not just the quality of your food, it's how it's prepared. Being upgraded I take this stuff more personally than most people for good reason. This is [ ]

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Read "Upgraded Chef: 12 Core Recipes to Supercharge Your Body & Brain" by Dave Asprey available from Rakuten Kobo. Sign up today and get \$5 off your first purchase. ABOUT THE BOOK This cookbook has been a decade in the making. As a bio-hacker, I look at cooking as one of the variable

## Upgrading Chef Infra Client Chef Does

Considerations Preparing your Chef Infra Client system before upgrading to Chef Infra Server will enhance your Chef experience. During a Chef Infra Server upgrade, all of the data is extracted, converted to a new format, and then uploaded.

## Upgrade to Chef Server 12 Chef Server 12.8

Upgrade to Chef Server 12 and then upgrade the server. To upgrade to Chef server 12 from a high availability Chef server server, do the following: Verify that the make

command is available on the primary backend Chef server. If it is not available, install the make command. Run the following on all servers to make sure all services are in a sane state. \$ chef-server-ctl reconfigure

### Upgrade from Chef Automate 1

The Chef Automate 2 upgrade process puts your Chef Automate 1 installation into maintenance mode, shuts it down, and starts Chef Automate 2. During the downtime, the upgrade process takes a backup of your Chef Automate 1 data and exports some of its data to a local snapshot, which is imported into Chef Automate 2.

### Upgrade to Chef Server 12 Chef Docs

Upgrade to Chef Server 12 Upgrade the Chef Infra Server add-ons on each server. After the upgrade process is complete, the state of the system after the upgrade has been tested and verified, and everything looks satisfactory, remove old data, services, and configuration by running the following command on each server: \$ chef-server-ctl cleanup

Upgrading Add-ons This section details the

### Chef Downloads

The Chef development kit contains all the tools you need to develop and test your infrastructure, built by the awesome Chef community. Read the Release Notes &trif;

### Notes for Open Source Chef Upgrades Chef Server 12.0

Notes for Open Source Chef Upgrades The following sections contain more information about the upgrade process from Open Source Chef to Chef server version 12, including steps for a manual upgrade. Please consult with Chef support about any of these situations if needed.

### Upgraded Chef: 12 Core Recipes to Supercharge Your Body ...

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